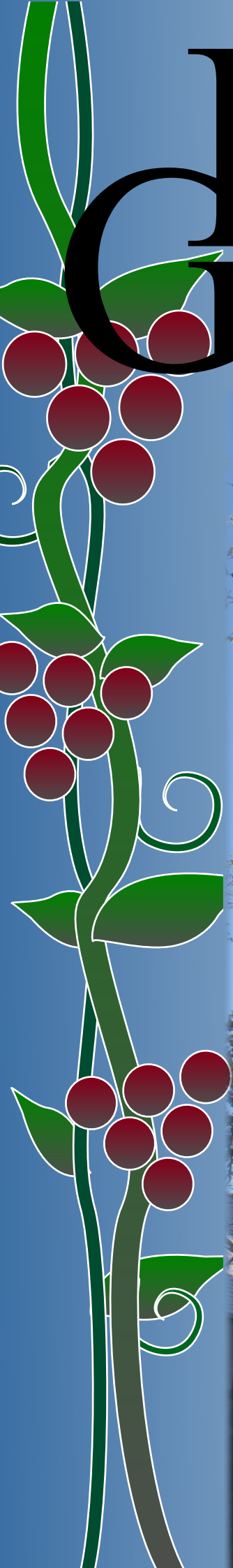


Parish Grapevine

A monthly round-up of
news, views, events
and services at
St George's, Heaviley,
SK2 6NU,
and St Gabriel's, Adswood
in the
Parish of St George, Stockport.
www.stgeorgestockport.org.uk



Who's Who in the Parish of St George, Stockport

Vicar	Rev. Canon Elaine Chegwin Hall <i>vicar@stgeorgestockport.org.uk</i> 456 9382	Praise and Play	Lois Kelly 439 9458 For 0-4s and their carers. Meet every Tuesday in term time, 10-11 in church.	Choir	James Hibbert 07365 519207 <i>actingdirectorofmusic@gmail.com</i> Practise Thursdays 7.30-9pm in the vestry. Sing on Sundays at 10.15am and 4pm services.
Assistant Curate	Rev. Dr Janine Arnott <i>rev.janinearnott@outlook.com</i> 612 1048	St Gabriel's		Church Cleaners	Meet on 1st Tuesday of every month 9.30-12 noon.
Reader	Peter Hall 456 9382	Messy Church	Rev. Canon Elaine Chegwin Hall 456 9382 For children and their parents. Meet occasionally, usually Saturday mornings.	Church Flowers	Marjorie Lees 483 3676 Jean Hayden (<i>donations</i>) 483 2367
Churchwardens	Andrew Regan 440 0408 Hazel Jenkins 483 4679	Uniformed Groups with connections to St George's		Church Gardeners	Walter Stead 430 2449 Meet on Tuesdays 9.30-12.30.
PCC Secretary	Andrea Webb Reilly 07400 883938	Rainbows	Trisha Brown 07403 353 175 Sue Kirkland 07854 101 918 For girls aged 5-7. Meet Fridays 6.15-7.30pm in the Parish Room.	Coffee Mornings (Weds)	Olwen Smith 483 6548 Wednesdays from 10.30am in the Parish Room.
PCC Treasurer	Andrew Regan 440 0408 <i>treasurer@stgeorgestockport.org.uk</i>	Brownies	Rachel Lockett 775 2755 Voni Walker 07956 674 241 For girls aged 7-10. Meet Thursdays 6.30-8pm in the Parish Room.	Cursillo	Usually meet on last Wednesday of the month. 7.30pm at different venues.
Parish Office	Marion McCall 480 2453	Guides		Handbells	Andy Clark 483 3703 Play for All-Age and Taizé services, plus other special events. Ringers of all ages (with or without experience) always welcome. Rehearsals in church arranged around the ringers' availability.
Magazine Editor	Richard Parr 439 8644	Beavers	Bill Frith 439 3232 For boys and girls ages 6 and 7 Meet Fridays 6-7pm at rear of Trinity Methodist Church.	Linen Guild	Pat Rigley 487 1999 Maintain the church's linen.
Safeguarding co-ordinator	Will Hesson 480 0630	Cubs	Bill Frith 439 3232 For boys and girls ages 8-10½. Meet Fridays 7.15-8.45pm at rear of Trinity Methodist Church.	Magazine Editorial Group	Richard Parr 439 8644 Meet monthly to plan future issues.
Website	www.stgeorgestockport.org.uk	Scouts	Elizabeth Goodred <i>Elizabeth.goodred@stockportscouts.org.uk</i> For boys and girls ages 10½-14. Meet Wednesdays 7-9pm at rear of Trinity Methodist Church.	Mothers' Union	Pat Durnall 483 4837 Meet on 2nd Monday of the month in church at 2.15pm.
Webmaster	Peter Hall 456 9382	Other Groups and Activities		Singing Group	James Hibbert 07365 519207 <i>actingdirectorofmusic@gmail.com</i> Sing about once a month at the All-Age Service, with one practice beforehand. All welcome.
St George's Primary School		St George's			
Headteacher	Deborah Grindrod 480 8657	Bell ringers	Anne Mayes 485 6477 Practise Mondays 7.45-9pm. Ring on Sundays 9.45-10.15am. Meet in the tower.		
St George's		Bible Reading Fellowship Notes	Janet Neilson 483 9025 Notes are ordered on request.		
Deputy Wardens	John Hardy 01663 764 462 Will Hesson 480 0630	Bible Study Groups	<i>contact the clergy</i> Study groups and courses are arranged from time to time.		
Verger	Ian Staley 456 3093	Chancel Guild	Meet on 2nd Tuesday of every month, 9.30-12 noon to care for the chancel.		
Director of Music	James Hibbert 07365 519207 <i>actingdirectorofmusic@gmail.com</i>				
Bookings for Parish Rooms	Parish Office or 480 2453 Judith Swift 483 8681				
St Gabriel's					
Secretary	John Sutcliffe 286 2301				
Bookings	Parish Office 480 2453				
Children's Activities					
St George's					
Children's Corner	Available for children (and parents) during services. Equipped with books, crayons and soft toys.				
Sunday Club	Louise Clark 483 3703 For children of nursery and school age. Meet during the 10.15am Parish Communion service most weeks during term time.				
Junior Choir	James Hibbert 07365 519207 Practise 6.30-7.30 on Thursdays in the vestry; sing on Sundays for 10.15am service.				

Front cover photo

St George's Church
tower and steeple
in Sunday evening sunlight
(photo by Andrew Regan)

**Services in
September:
see page 23**

From the Editor:

Dear Readers,

FIRSTLY, MAY I thank everyone who contributed to the August edition of *Grapevine*! Our intention was to produce only a twelve-page issue to bridge the gap between July and September. In the event, we had so much copy submitted that twelve pages became eighteen, and some material had to be held over until this issue. A very nice problem to have, and thank you all for your contributions.

You may remember that in the June editorial, I raised the question of how we as Christians should respond to the increasing call to regard animals as sentient beings, and how this might affect our treatment of them. The opening chapters of Genesis, of course, describe God's delight at his creation of 'every sort of animal', and his blessing of them. Equally, we are told that human beings are created in the very image of God himself, and given the authority to 'reign over' the rest of his creation. Psalm 8 reminds us of this when David praises God for his power and majesty and the wonders of his creation. He is awestruck that humans have been given charge 'of everything you made, putting all things under their authority'.

Perhaps the answer lies in the ways in which we use our power and authority to rule the world we have been given. I'm writing after the fall of Afghanistan to the Taliban, and the western world's fears as to how the new government will use their authority, particularly in their treatment of women and children. Obviously, power can be abused or used for good. As Christians, we would agree with Paul – and Jesus! – that the answer lies in love of our fellow humans, and by extension of the world we all live in. The kingdoms of human beings can too easily fall short of God's wishes. The Kingdom of God will not.

On a lighter, but perhaps still relevant note, I was delighted to read in the paper recently the story of the female pig who rescued two younger wild boars who had been caught in a trap in a nature reserve in the Czech Republic. The aim had been to tag the animals, but the two young boars were distressed and panicky. The full-grown female who heard their cries may have been their mother. In any event, after ten minutes of effort she managed to dislodge the log that was jamming the door of the trap and free the two pigs. The scientific report on the incident, which was caught on a hidden camera, suggested that the rescuer had shown surprising 'empathy and problem-solving abilities'. I might have called it love.

On my regular Friday walks, we often walk through fields and farm yards, and I always think it's merely good manners to greet any local livestock. On one occasion (much to the leader's disgust) I stopped to have a word with a very friendly pig, who clearly wanted a chat. Having passed the time of day with her, and spent a few minutes scratching her tummy, I carried on to catch up with the rest of the group. To my surprise, the pig got up and walked with me. We walked together, companionably, to the end of the fields, and the gate, where the pig showed considerable willingness to continue her walk and join us at the local hostelry where we had planned to have lunch. I had to say no, and goodbye, but I still slightly regret not opening the gate for the pig, and offering to buy her lunch. Though not pork scratchings.

Have a good month.

God Bless!

Richard Parr.

Editor.



What's Where...

- | | | | | | |
|------|---|------|---|------|--|
| P 2 | Who's who | P 11 | The Names of Things You Probably Didn't Know and | P 19 | Recipe of the month: Carrot, Courgette and Feta Savoury Flapjack |
| P 3 | Editorial | | Baptism of Samuel George Duff | | |
| P 5 | Clergy letter and Recent baptism: Amelia Tommy | P 13 | Puzzles and cartoon | P 20 | Our National Health Service and Holy Days |
| P 6 | Parish News | P 14 | Being a 'Grown Up' | P 21 | Learning lessons from a graveyard and Climate Sunday is this month |
| P 7 | Life of Jean Mary Davison | P 15 | Plant-based Pantry: Three Bean and Cherry Tomato Chilli | P 22 | Music List |
| P 8 | Dennis Antrobus, Just Passing Through and St Chad's Well Dressing | P 16 | Roll a Picasso | P 23 | Recipe of the month 2, Puzzle solutions, and Service times |
| P 9 | A Great Lesson on Stress and Becoming New | P 17 | Look what's hopped into town | | |
| P 10 | Children's Page | P 18 | St George's Church Choir at Worcester Cathedral and Fillers | | |



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Grapevine magazine is in digital form

Please note: Grapevine magazine will be published in **digital form only** during the current coronavirus restrictions. Copies can be downloaded from our website at www.stgeorgestockport.org.uk



Elaine writes: Zoom in your Room

I should start by saying that other meeting platforms are also available but, since the beginning of the lockdown, many churches, businesses, groups and family members have kept in touch using Zoom over the months.

Personally, as part of the College of Canons, I have been involved in the formal approval appointment of the Bishop of Chester. As a Proctor in Convocation, I have taken part in the General Synod meetings and House of Clergy meetings. As a member of Bishop's Council and Diocesan Synod I have been enabled to contribute to the discussions and, as a vicar in the Diocese of Chester, have joined various meetings and groups as leader, governor and facilitator for teaching sessions.

It's generally been quite useful: no trailing miles across the diocese through the roadworks and hold-ups in dreadful weather, late at night; no setting up seats and tables. Instead of booking in hotels in London for Synod, I have the luxury of my own bed, and breakfast at my own pace (although I did once see a member of clergy crunching through a big bowl of cereal in the early days of Zoom meetings, plainly oblivious to the few hundred people watching him!)

So, there are advantages, but it's easy to miss the nuances of body language when viewing someone on a screen. It's hard to ascertain if people are uncomfortable

with the subject matter or whether a comment has caused offence. It's difficult to comfort someone who has clearly become distressed during the course of a discussion. They can't be reached in the normal way of things and, whilst turning off the sound or screen might enable the individual to get a modicum of privacy, away from the legions of staring faces, they can't be easily comforted or consoled in the way that comes naturally to people when meeting in person.

There is talk of hybrid meetings whereby those who feel comfortable can meet in person, and the business of the day is streamed live to those who can't attend. We have done something similar at Annual Parochial Church meetings with mixed success.

Of course, our services now take place in person and online, a hybrid that really works, and has reached thousands of people from all over the world since the start of restrictions. It has been a real lifeline for many, being part of the church, albeit in a "virtual" capacity.

As human beings, we appreciate human company and human interaction, but now we are starting to realise that this can take place in so many forms – via phone, screen and other devices as well as in person.

The way forward? Well, to learn from what we've learned, if that makes sense; to take the best bits out of this drawn-out covid situation and to use them to be creative, to be effective and to be attentive in our Gospel Mission. When Jesus told us to make disciples out of all nations (Matthew 28:16) he didn't give us just one way of doing it, so let's embrace these new opportunities and continue to find ways to connect.

In Jesus' name. Amen.

Elaine

Recent baptism: Amelia Tommy

AMELIA GIANNA TOMMY was baptised on Saturday 21st August in the chapel area, and is seen here long with her Mum Tineal, Dad Reilly, brother Jayden and sisters Amber and Alexis.



Parish News Roundup

Holy Baptism

- 1st Aug Lily Griffiths
Ella Grace Whittaker
8th Aug Josie Louise Swindells
15th Aug Samuel George Duff
21st Aug Amelia Gianna Tommy
22nd Aug Ella Marchington
29th Aug Rosanna, Rosita and Siamac
Stones
Ace Dace Blu Humphrey

Holy Matrimony

- 2nd Aug Ben Birch and Amy Riley
8th Aug Liam McCabe and
Gemma Cartney
27th Aug Lee and Kathryn Stott
(wedding blessing)

Funerals

- 3rd Aug John Taylor

Burial of Ashes at St George's

- 11th Aug Dorothy Thompson

Communion Flowers were sponsored as follows:

Main altar:

- 1st Aug Celebrating those getting married and those being baptised
8th Aug For absent friends
15th Aug from Andrew Garlick and Angela - In loving memory of Isobel
22nd Aug from Marjorie Lees, for family and friends

Mothers' Union

On **Monday 13th September**, the Mothers' Union will meet in the side chapel at 2.15pm for a service of Holy Communion, led by our Vicar, Elaine. Tea, coffee and biscuits will be served after the service.

What a joy it will be to be with our MU friends again after such a long time of not being able to meet together.

Keep well and stay safe.

Parish News Roundup

Praise and Play Restarts

We are looking forward to welcoming our Praise and Play families back on **Tuesday 14th September**. We will be open from 10am to 11am. Come and join in the fun. During each session there will be free play, craft activities, songs and stories, and refreshments will be provided. Please note that we are not able to provide beakers for the children's drinks.

Come and join us, meet friends and join in the fun!

Praise and Play will continue each Tuesday morning at the same time during term time.

Dates for the Diary

Mon 6th Sep, 11.15am: Celebration of Life service for Sheila Ashmore at St George's.

Sat 11th Sep: Heritage Day. Church open 10am to 4pm, with Mattins at 11am.

Sun 12th Sep, 2.30pm: Battle of Britain service.

Sat 18th Sep, 1pm: Memorial service for Olga Jones, followed by refreshments.

Sun 19th Sep, 4pm: Memorial service for Michael Coupe, followed by refreshments.

Mon 20th Sep, 7.30pm: PCC meeting, via Zoom.

Sun 26th Sep: Burial of ashes of Richard Heap. People are invited to join Janet and Alethea in the chapel for a short service prior to the burial of ashes in the Garden of Remembrance.

Sun 26th Sep, 4pm: Choral Evensong.

Sat 9th Oct, 2.30pm: Reader transfer service for Rita Waters at Chester Cathedral.

Parish News Roundup

For those who mourn

We are sad to mourn the passing of church family members over the last few months and we pray for their families and friends.

There are two memorial services planned to which you are invited.

Memorial services

Olga Freda Jones

Saturday 18th September at 1pm which will include Communion and will be followed by refreshments.

Michael Charles Coupe

Sunday 19th September at 4pm which will have an Evensong structure, and will be followed by refreshments.

Burial of Ashes

Richard Heap

Sunday 26th September after the 10.15am service. People are invited to join Janet and Alethea in the chapel for a short service prior to the burial of ashes in the Garden of Remembrance.

Richard's family will be pleased if you will join them for lunch at the Alma Lodge after the interment. If you wish to join them please email Alethea at ali.ng@btinternet.com

Funerals

Jean Davison

Thursday 2nd September at 1pm in church. All welcome.

Sheila Ashmore

Monday 6th September. Committal at Stockport crematorium for family members followed by Celebration of Life Service at St George's at 11.15am. All welcome

Baptisms, Banns and Marriage bookings:

Please contact the vicar.
Telephone: 0161 456 9382
or email:
vicar@stgeorgestockport.org.uk

October 2021

Grapevine magazine dates:

Deadline copy date: **Fri 17th Sep**
Committee meeting: via email

Life of Jean Mary Davison, 1931-2021

JEAN was born on the 15th of February, 1931, at Crouch End, in North London. She was christened at St George's Church at Tufnell Park, North London.

At the age of four, she moved with her parents to Woodside Park in North London, and attended services there at St Barnabas Church, where she was confirmed in 1946. It was also the church where she was married in 1971, to Eddie Davison. Jean was a very active member of St Barnabas, being a member of the church's Youth Club, and a founder member of the Dramatic Society. She was also a Girl Guide for seven years, which would later on enable her to become a member of the Trefoil Guild.

After attending infant and junior schools, Jean attended St Mary's Church of England school in Hendon, leaving in 1947 with qualifications as a shorthand typist. She was also very proud of being chosen as School Captain in her final year at school.

Jean started her working life at what was then William Deacon's Bank in their main London branch in the City of London. She had many interesting stories of her time in the City, and obviously took a great deal of pleasure and pride in her work there. She remained in post until 1971, when she married Eddie and moved to Bramhall. She had met Eddie originally on a walking holiday, a few years before they married.

On moving to Bramhall, Jean became a member of St George's. For many years she was a member of the Fellowship of Marriage, and in more recent years a very active member of the Garden Gnomes. For a long time, in fact, she was the only female member of the team!



Jean had many interests and hobbies, which included gardening, reading, walking, Scottish dancing, and, when she was younger, cycling. She also very much enjoyed knitting and sewing, and I remember her describing the clothes she made for her wedding. After several severe falls, when she had to leave her home and reside in care homes, she was still able to wear clothes that she had made for herself.

Jean, from childhood, had a great love of music, which she always maintained, as her choice of music and hymns for her funeral indicate. She also had a wide circle of friends from all over the country, and in her final months it was a great sorrow to her that she could no longer correspond with them.

Jean was always a pleasure to visit, maintaining her cheerful and interested attitude until the very end, as well as her sometimes impish sense of humour. She was a much-loved resident at Appleton Manor, where she lived for her last years. When anyone there was asked about Jean, they invariably said, "Oh, she's a sweetie. She's one of my favourites!" We will miss her very much.

Richard Parr

St George's floodlighting – sponsorship request form

(Please return to Andrew Regan, 153 Acre Lane, Cheadle Hulme, Cheadle, SK8 7PB).



Name

Phone no

Date of evening requested £10 or £..... donation enclosed (Please make cheques payable to St George's Stockport PCC)

Reason for request (if appropriate)

If you are a taxpayer and would like the church to reclaim the tax on your donation please also complete the following Gift Aid declaration:

I want to Gift Aid my donation of £..... to St George's Church, Stockport. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all my donations it is my responsibility to pay any difference.

Title..... First name or initial(s).....Surname.....

Home address:.....

Post Code

Signature.....

Date

Dennis Antrobus

WE WERE SADDENED to learn of the death of Dennis Antrobus on 11th August 2021, aged 85. He and his wife, Lorna, were members of the congregation at St George's during Canon Garlick's ministry until, nearly 18 years ago, they moved to south Devon – a part of the country that held happy memories for them. Dennis sang with the St George's choir from being a small boy, until they moved. During his working life Dennis was a well respected Sub Post Master at Cheadle Heath for 23 years. They were also very well known as formidable table tennis players.

Dennis was in Torbay hospital for two weeks, where, due to Covid restrictions, Lorna was allowed to visit for only one hour each day. They celebrated their diamond wedding anniversary whilst he was there. He was then moved to a nearby nursing home for three days, where Lorna was able to be with him all the time to the end. She had a picture of St George's Church up in his room at the nursing home.

If anyone would like to be in touch with Lorna, her email address is: lorna.antrobus@btinternet.com

Just Passing Through

OUR FRONT ROOM window looks directly out on to a rowan tree. Although it is only August, it is already covered in ripe, orange berries. The other morning I drew back the curtains and there was movement in the tree. Nothing unusual. I'm used to a blackbird or two sitting on a branch and pulling at the bright orange berries. They nested in next door's hedge, so several youngsters are trying their luck, as well as the adults.

Then I realised that there was movement all over the tree, the leaves flickering and bouncing as birds flitted from branch to branch, some spotting insects, others grabbing the berries. Two nuthatches, a trio of long-tailed tits, a blue tit or two, a couple of blackbirds and a bunch of sparrows were all there together, searching and feeding. Then suddenly the scene was over. Off they

went, the blackbirds to the trees across the road, the smaller birds in a posse on down the road. They were just passing through.

In Tales of the Hasidim, the philosopher Martin Buber tells the story of a tourist from America visiting a renowned Polish Rabbi, Hofetz Chaim. He was astonished to see that the rabbi's home was only a simple room filled with books and furnished with a table and a bench.

"Rabbi, where is your furniture?" asked the tourist.

"Where is yours?" replied Hofetz Chaim.

"Mine?" asked the puzzled tourist. "But I'm only passing through."

"So am I," said the rabbi.

Chris Dawson

St Chad's Well Dressing, 2021

THE TRADITION of dressing springs and wells with pictures made from petals, leaves and other natural materials, probably dates back to Celtic times.

Since the 19th century though, it has enjoyed a great revival of interest, and for the last 23 years, with the exception of last year, a talented team of volunteers from across Stockport has designed and made our well dressing.

That exception was, of course, because of the Pandemic. We were able to create a well dressing during the Foot and Mouth epidemic of 2001, but it had to be displayed, not here, but by kind agreement of the Rector and Church Wardens, at St Mary's church in the market place in Stockport.

A considerable debt of gratitude, for their imagination and creative flair, is due to this year's team of designers, and to the volunteers, whose painstaking and dedicated work has turned the design on paper into this memorable tableau that is this year's well dressing.

The design centres on the **Oak Tree** on the chapel grounds, which has been chosen to embody the spirit of strength and courage which we have needed in these months of pestilence.



photo: Andrew Brindle

A Great Lesson on Stress

A young lady confidently walked around the room with a raised glass of water while leading a seminar and explaining stress management to her audience. Everyone knew she was going to ask the ultimate question, 'Half empty or half full?' She fooled them all. "How heavy is this glass of water?" she inquired with a smile. Answers called out ranged from 8 oz. to 20 oz.

She replied, "The absolute weight doesn't matter. It depends on how long I hold it. If I hold it for a minute, that's not a problem. If I hold it for an hour, I'll have an ache in my right arm.

"If I hold it for a day, you'll have to call an ambulance. In each case it's the same weight, but the longer I hold it, the heavier it becomes."

She continued, "and that's the way it is with stress. If we carry our burdens all the time, sooner or later, as the burden becomes increasingly heavy, we won't be able to carry on.

"As with the glass of water, you have to put it down for a while and rest before holding it again. When we're refreshed, we can carry on with the burden -- holding stress longer and better each time practised.

"So, as early in the evening as you can, put all your burdens down. Don't carry them through the evening and into the night. Pick them up again tomorrow if you must."

1. Accept the fact that some days you're the pigeon, and some days you're the statue!
2. Always keep your words soft and sweet, just in case you have to eat them.
3. Always read stuff that will make you look good if you die in the middle of it.
4. Drive carefully... It's not only cars that can be recalled by their Maker.

5. If you can't be kind, at least have the decency to be vague.
 6. If you lend someone £20 and never see that person again, it was probably worth it.
 7. It may be that your sole purpose in life is simply to serve as a warning to others.
 8. Never buy a car you can't push.
 9. Never put both feet in your mouth at the same time, because then you won't have a leg to stand on.
 10. Nobody cares if you can't dance well. Just get up and dance.
 11. Since it's the early worm that gets eaten by the bird, sleep late.
 12. The second mouse gets the cheese.
 13. When everything's coming your way, you're in the wrong lane.
 14. Birthdays are good for you. The more you have, the longer you live.
 16. Some mistakes are too much fun to make only once.
 17. We could learn a lot from crayons. Some are sharp, some are pretty and some are dull. Some have weird names and all are different colours, but they all have to live in the same box.
 18. A truly happy person is one who can enjoy the scenery on a detour.
 19. Have an awesome day and know that someone has thought about you today.
- AND MOST IMPORTANTLY
20. Save the earth..... It's the only planet with chocolate!

(contributed by Peter Pilbeam)

Becoming new

WHEN A CATERPILLAR changes into a butterfly, it's hard to believe it's the same creature, but at both stages of its life, it has a body that is perfectly suited to living in a particular environment.

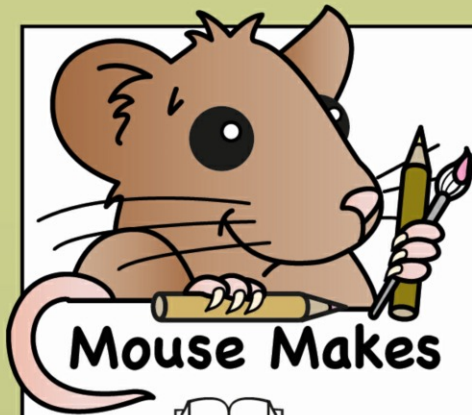
This insect can help us understand the afterlife and the significance of the resurrected Jesus. Paul, on his journeys, discovered that some members of the church in Corinth were confused about life after death. So, Paul wrote a lengthy letter to them to explain the importance of the resurrection of Jesus, and how it affects our future existence.

Paul doesn't mention caterpillars and butterflies but describes a seed becoming a plant. By just looking at an individual seed there is no knowing what it is going to look like! But out of its death comes a beautiful new life form.

Paul points out that all living beings have a body that enables them to live in a particular environment. There are earthly bodies for living in a physical world and a spiritual body for living in the heavenly realms. And so God will give to us a new spiritual body to enable us to live with him in heaven.

Of course, all butterflies eventually die, but in our resurrected body we will not be subject to decay or death. How do we know this? Jesus said: "Because I live, you also will live" (John 14:19). Jesus pioneered the way for us. He died on the cross, arose from the grave, and so opened up the way for all believers in him to go to heaven. Thanks be to God!

Lester Amann



Mouse Makes



The bowl of flour and the jar of oil

It had not rained for months and months, there was a drought in the land. God sent His prophet **Elijah** to the town of Zarephath. At the town gate he saw a widow gathering firewood.

"Please bring me a drink of water and some bread." he asked her.



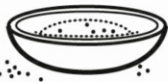
She answered "All I have is a handful of flour and a drop of oil in a jar, it is our last meal."

"Do not worry." Elijah said,

"Make the meal and make a small loaf for me."

The woman did what Elijah had asked and God blessed her ...

... The bowl never ran out of flour and the jar never ran out of oil until it rained again!



Find these words from the story in the word search:

WORD • LORD • GOD • ELIJAH • SENT • ZAREPHATH • GATE • CITY • WIDOW
STICKS • WATER • DRINK • BREAD • FEED • HANDFUL • FLOUR • LITTLE
OIL • SON • EAT • DIE • FULL • WENT • MAKE • BAKED • ATE • JAR • JUG • MANY
DAYS • LIVE • NEVER • EMPTY

The Names of Things You Probably Didn't Know

1. The space between your eyebrows is called a **glabella**.
2. The way it smells after it rains is called **petrichor**.
3. The plastic or metallic coating at the end of your shoelaces is called an **aglet**.
4. When your stomach rumbles, that's a **wamble**.
5. The cry of a newborn baby is called a **vagitus**.
6. The prongs of a fork are called **tines**.
7. The sheen of light that you see when you close your eyes and press your hands on them is called **phosphenes**.
8. The tiny plastic thing placed in the middle of a pizza box is called a **box tent**.
9. The day after tomorrow is called **overmorrow**.
10. Your little toe or finger is called the **minimus**.
11. The wired cage that holds the cork on a bottle of champagne is called an **agraffe**.
12. The 'na na na' and 'la la la', which don't really have any meaning in the lyrics of any song, are called **vocables**.
13. When you combine a question mark with an exclamation mark (?!), it is referred to as an **interrobang**.
14. The space between your nostrils is called **columella nasi**.
15. The armhole in clothes, where the sleeves are sewn, is called **armscye**.
16. Finding it difficult to get out of bed in the morning is called **dysania**.
17. Illegible handwriting is called **griffonage**.
18. The dot over an "i" or a "j" is called a **tittle**.
19. That sick feeling you get after eating or drinking too much is called **crapulence**.
20. The metal thing used to measure your feet at the shoe store is called a **Bannock device**.

(contributed by Pamela Ferguson)

Baptism of Samuel George Duff

These photos were taken after the baptism of Samuel George Duff on Sunday 15th August, and were taken by his mother, Sarah Duff. Samuel is the great grandson of our former reader Michael Coupe.



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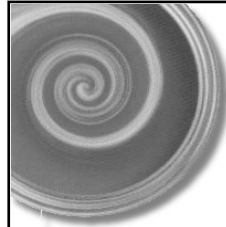
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Sudoku puzzle: easy

	1	3	2	7	4		9	
		6	9	5				
	8	2				7		
	5			4		2		6
	7							3
8		9		3				1
		5				9	4	
				1	5	8		
	6		3	9	2	1	7	

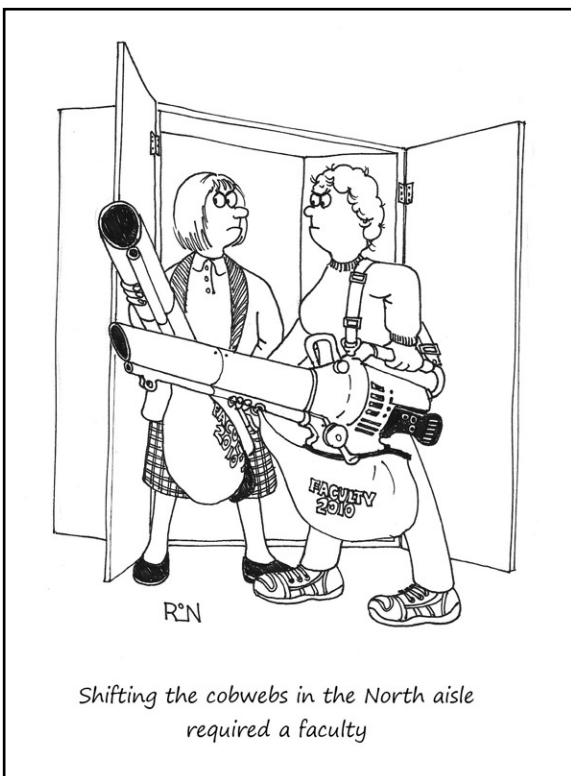
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Sudoku puzzle: intermediate

		7		6				3
1	6		4		3	9		
			1					8
7	8							
9	2		8		4		6	1
							7	2
	1				2			
		8	9		1		3	6
2				3		1		

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(Answers to all puzzles are on p. 23)



Shifting the cobwebs in the North aisle required a faculty

Crossword

1		2		3		4	5		6		7
8					9						
10							11				
		12		13					14		
15											16
17		18				19		20			
21								22			
23							24				

Across

- 1 'Through [Christ] we have gained by faith into this grace' (Romans 5:2) (6)
- 4 Deprives of sight (Deuteronomy 16:19) (6)
- 8 The words of a hymn do this (mostly) (5)
- 9 Faithful allegiance (1 Chronicles 12:33) (7)
- 10 Belgium's chief port (7)
- 11 Where John was baptizing 'because there was plenty of water' (John 3:23) (5)
- 12 Imposing height (Psalm 48:2) (9)
- 17 Jesus' tempter in the wilderness (Mark 1:13) (5)
- 19 Comes between Amos and Jonah (7)
- 21 'Your will be done' ... as it is in heaven' (Matthew 6:10) (2,5)
- 22 Gale (Matthew 8:24) (5)
- 23 Axle, eh? (anag.) (6)
- 24 'Out of the... I cry to you, O Lord' (Psalm 130:1) (6)

Down

- 1 Popular Christian author and humorist, Plass (6)
- 2 Transparent ice-like mineral (Revelation 4:6) (7)
- 3 Method of compelling surrender by surrounding target of attack (2 Chronicles 32:1) (5)
- 5 Expose (Isaiah 52:10) (3,4)
- 6 Lonny (anag.) (5)
- 7 Utterance (1 Timothy 1:15) (6)
- 9 Husband of Deborah, the prophetess (Judges 4:4) (9)
- 13 Burial service (Jeremiah 34:5) (7)
- 14 What Christ threatened to do to the lukewarm church in Laodicea (Revelation 3:16) (4,3)
- 15 Simon Peter climbed aboard and dragged the net (John 21:11) (6)
- 16 His response to Jesus' decision to return to Judea was 'Let us also go, that we may die with him' (John 11:16) (6)
- 18 There will be weeping and gnashing of ... (Matthew 8:12) (5)
- 20 Walkway between rows of pews in a church (5)

Being a 'Grown Up'

I RECENTLY WATCHED a video by the actor and broadcaster, Stephen Fry, in which he posed the question: 'Who are the Grown Ups in our modern age?' In effect he was asking, who can we trust to guide us as to how we should respond to life's varying challenges. It's a good question. Should it be the politicians; newspaper editors and leader writers; TV and radio personalities? Or do we rely on Twitter, and other internet sources. Maybe it's in our social circles, our friends, or those we work with. All these may have some validity, but equally they may just be reflecting the individual's view of what will benefit themselves and not the good of society as a whole.

At one point in the broadcast, Stephen Fry referred to the challenge that had faced Germany at the end of the Second World War. Most of us will be familiar with the scenes of devastation as the Allies advanced throughout Europe, and especially in Germany itself. Looking at the ruins of their cities, it must have been almost impossible to imagine how to start to rebuild, with the houses, offices, road and rail infrastructure destroyed, together with a famine in some areas.

The recent TV news flashes of the damage caused by the severe flooding in Germany in recent days, were painful reminders to the older generations of what some of them had experienced back in those times.

But, within a relatively short period of time, in historical terms, Germany recovered and in due course became a leading economy in the western world. What is often forgotten is that the key to their recovery was the enlightened attitude of the Allies, and, above all, the United States government. Their leaders appreciated that the primary source of World War II was the severity of the terms imposed on Germany by the Allies, driven to a degree by the French, whose population had suffered most from the war waged across their country. As a result of these economic pressures, the German economy collapsed in 1927, opening the door to the rise to power of the Nazi Party and the evils that ensued.

At the end of WWII in 1945, Europe, as a whole, was in a parlous state. A repeat of the 1918 type of settlement would only create another breeding ground for conflict. Instead of punitive measures, the Americans took a different approach by providing an economic aid package, drawn up by the American Secretary of State, George C. Marshall, to help recovery across Europe, - for Britain on one hand through to Germany on the other.

We all owe a great debt of gratitude to those 'Grown Ups' whose wisdom enabled this to happen and the extended period of peace which has ensued.

At about the same time, another significant 'revolution' was taking place in our country, namely the foundation of our National Health Service, an organisation which celebrates its 75th Anniversary this year.

It is hard for the vast majority of the present day UK population to appreciate what an incredible endeavour this was, particularly in the difficult economic situation that existed at the time. It was an initiative that has made a tremendous difference to the quality of our lives, by ensuring medical treatment is available to everyone when necessary, and not just to those who could afford to pay for it.

Again, it was the result of individuals who saw a pressing need and committed themselves to resolving the problem.

Like George C. Marshall, these were men and women who were the 'Grown Ups' of their time. No doubt as individuals they had their weaknesses, but as Jesus said: 'By their fruits ye shall know them' and, as a result, we can honour them.

In our present age, we are once again in tumultuous times. Currently we have the threat posed by Covid, on an international scale. To succeed in overcoming it, we need our leaders to be men and women who will be wise and foresighted in their decisions; 'Grown Ups' who can see the wider picture, and adopt policies which will build a stable and secure future for our country and our world as the American leaders did over 70 years ago.

And there are other equally important issues to be urgently addressed – the provision of long term social care for the elderly in our country, – how to deal with the problem of global warming throughout our planet, – issues of racism, – to name but a few

We are all involved in these challenges, and we need to decide who we should trust to play the role of Grown Ups on our behalf. At the end of the day, in a democracy, the politicians have to have the support of the majority of the population to be able to implement their plans. It is up to us to make our views known.

In addition, we should remember that we need to play our part as Grown Ups in our own daily lives; in our relationships, not just in our families, but with one another wherever our views and behaviour may be of influence.

So how do we choose who to follow, or how to be 'Grown Ups' ourselves?

Well, might I suggest we let ourselves be guided by the one true Grown Up – Jesus. Let us base our decisions on His teaching. Let us pray for our leaders, that they may have wisdom, coupled with compassion, in their dealings; for them not to make rash promises for short term gain; to be honest in their statements, prepared to acknowledge when they get things wrong or when circumstances change.

For our part, let us be prepared to share the burdens which may be necessary to achieve the goals which we, as a nation, are seeking. Also, let us not seek immediately to

apportion blame when things go wrong, as is so often the case in the media, but to be constructive in our approach. As Jesus said: 'Judge not, that ye be not judged.'

Of course, we do have to make judgements between what is right and what is wrong. But in doing so, we also have to try to understand what factors are leading others to different conclusions, and ask ourselves how reconciliation can be reached. It is not easy to do in the

heat of the moment, but experience tells us it is the only sure way to progress.

So, as followers of Jesus, let us seek to play our part in society, and keep in mind the words of the hymn:

'Christ is our corner stone, on Him alone we build.'

*Editorial by Walter Stead
from Stockport Sunday School's newsletter
August 2021 and reproduced with their permission.*

Plant-based Pantry: Three Bean and Cherry Tomato Chilli (vegan)

I adapted this recipe from the very wonderful 'The Green Roasting Tin' by Rukmini Iyer. It's tasty, cheap, filling and very easy to make. It's suitable for any kind of weather, can be kept in the fridge for 3 days and freezes very well. You can omit the cherry tomatoes, but for me they make this chilli. You can substitute any of the beans for other firm beans that you have in; I wouldn't though recommend white beans as they may become powdery.

Note: use either tinned beans, drained and rinsed, or 125g of dried beans of each kind (375g in total) soaked overnight and then thoroughly cooked.

Serves 6

1 tbsp oil (any is fine)

250g chestnut mushrooms, quartered

1 onion, roughly chopped

1 red pepper, roughly chopped

1 tbsp ground coriander

1 tbsp ground cumin

1 teaspoon chilli flakes (note: if like me you are a chilli wimp, make this ½ teaspoon. It's fine to substitute with chilli powder in the same amounts)

1 teaspoon (ideally, smoked) paprika

1 x 400g tin of pinto beans

1 x 400g tin of black beans

1 x 400g tin of red kidney beans

2 x 400g tins of chopped tomatoes

200ml vegetable stock

250g cherry tomatoes

1 tsp (ideally, sea) salt

1. Heat the oil, add the onions and cook on a low/medium heat for, say, 5 minutes until they've

softened. Add the mushrooms and red pepper, stir together and cook for another 5 minutes. Add the spices and salt, stir well and cook for another 2 minutes.

2. Add all the beans, the tinned tomatoes and the vegetable stock. Bring to the boil and then turn down to a simmer. Cook for 30 minutes. Add the cherry tomatoes and cook for another 30 minutes.
3. Taste and add more seasoning if required. Serve with rice, bread or in tortillas with yoghurt (dairy free, if you want to keep it vegan) or avocado, if you'd like. If you have any, garnish with fresh coriander leaves.

Andrea Webb Reilly



Roll a Picasso

HOW TIMES CHANGE! The game, 'Roll a Picasso', came from a primary school, and is clearly a fun way of teaching the most fundamental skill of art appreciation, that of observation, learning to look. How was it for you? Art classes at primary school? Friday afternoons, faced with squares of sticky-backed paper that gave one chance only of sticking. The Grammar School? Not much better, trying to draw pictures of horse fairs and fish markets, which none of us had ever seen! Best ever time? A class

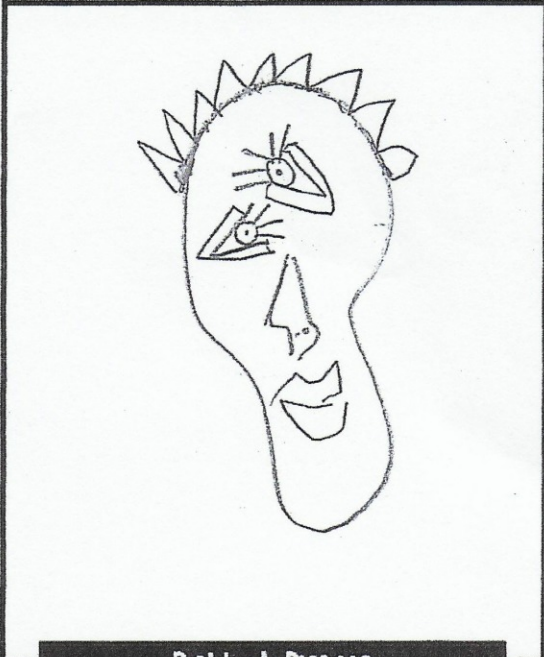
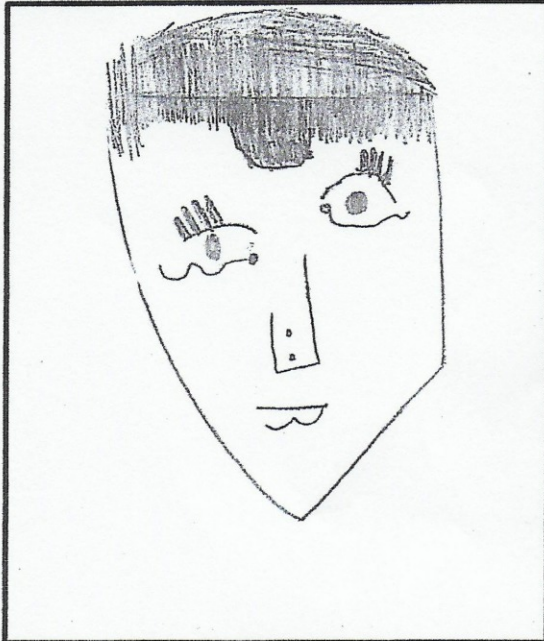
punishment, with Charlie H, deemed the worst culprit, as model for us all to draw, as he sat on a chair in the middle of the room. At last an hour spent learning to look!

The game is simple: each player needs only a set of blank squares and the "Picasso key", creating each portrait in four rolls of the dice, the first for a face shape, depending on the number thrown, the second for the eyes, and so on – the results can be quite startling!

Angela Foulkes

LO: To sketch and shade in the style of Picasso

Roll a Picasso - Roll the dice and use the Picasso-style facial features to create your own master piece!



ROLL-A-PICASSO				
1st roll face	2nd roll eye	3rd roll nose	4th roll mouth	

ROLL-A-PICASSO				
1st roll face	2nd roll eye	3rd roll nose	4th roll mouth	

Emily Battersby,
Didsbury Road School

Look what's hopped into town

IF YOU'VE VENTURED into Stockport recently, you may have noticed giant, multi-coloured ornamental frogs dotted around the town centre. This is the second time these ornamental frogs have appeared – the first time was two years ago and attracted many visitors. Now the spectacle is hoping to attract the crowds once more as the town recovers from a difficult time.

There are 21 brand new designs, with the highlight expected to be Stockport Superfrog, based on the popular Marvel character, Spider Man. This Gigantic Leap Frog Art Trail was officially launched at an event hosted by Totally Stockport at the Light Cinema on July 30th and the frogs will remain on display until September 26th.

Organised by Stockport's Business Improvement District, branded as Totally Stockport, organisations have got involved by sponsoring a frog, and it's hoped the Trail will give businesses a boost, before the frogs are auctioned off later this year, to raise money for St Ann's Hospice, which is celebrating its 50th anniversary.

Rosie Stead



Jean is always up for a spin on the dancefloor

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St George's Church Choir at Worcester Cathedral



photo: Andrew Regan

ST GEORGE'S CHURCH CHOIR travelled to Worcester Cathedral during the August Bank Holiday weekend, and sang all of the weekend's choral services at the cathedral: choral evensong on Saturday 28th August, and on Sunday 29th August both cathedral Eucharist in the morning and choral evensong in the afternoon. They sounded superb!

The choir are seen here at the cathedral with director of music James Hibbert and organist Roger Briscoe (and with the tomb of King John in the foreground).

Fillers

Surgical instruments for sale: complete assortment of deceased surgeons.

What did the woman say when she climbed out of the plastic surgeon's chair? Thanks for the lift.

PATIENT: I'm terrified, doctor. This is the first operation I've ever had.

DOCTOR: I know just how you feel. This is the first operation I've ever done.

"What sort of job do you do?" asked the lady of her travelling companion.

"I'm a naval surgeon" replied the man. "Goodness!" said the lady. "How you doctors do specialise these days!"

An anxious mother, explaining why she had brought her son to the surgery, told her GP, "It's his head, doctor. He's had it on and off ever since he was born".

After a detailed examination of a recently admitted patient, a young houseman had to admit that he could not find the exact cause of the man's complaint, but added that it was probably due to heavy drinking.

"That's all right" said the patient cheerfully. "I'll come back when your head's a bit clearer".

DOCTOR: How's the little boy who swallowed the 50 pence piece?

NURSE: Still no change, doctor.

DOCTOR: And the lady who swallowed a spoon?

NURSE: She has still not stirred.

HOSPITAL GRAFFITI: Orthopaedists get all the breaks.

Recipe of the month: Carrot, Courgette and Feta Savoury Flapjack

These went down well with a vegetarian friend of mine who came to stay. They would be good to take on picnics too – if we have any weather which is suitable for picnics!

Everyone loves flapjacks, but these ones are savoury, with a Mediterranean twist and added extra crunch by mixing in some protein-packed nuts and seeds before baking them. The recipe is for an individual tray bake tin but it can be cooked in an ordinary tray bake tin, in which case you may need to allow a little extra cooking time.

80g butter
150g rolled oats
½ tsp salt
100g grated courgette
100g grated carrot
65g mixed seeds (e.g pumpkin, sunflower, linseed, sesame)
40g hazelnuts or almonds, chopped
100g feta cheese, crumbled

salt and freshly ground black pepper
2 tsp chopped fresh rosemary or thyme
1 tsp mixed dried Italian herbs
2 large eggs, beaten
Preheat the oven to 200°C/Gas 6.

Melt the butter in a large saucepan, taking care that it doesn't get too hot. Remove from the heat and stir in the rolled oats, salt, grated courgette and carrot. Add the mixed seeds, nuts and feta cheese, then season with salt and pepper and add the fresh and dried herbs. Stir in the beaten eggs, mixing thoroughly.

Spoon the mixture into a 12-hole individual traybake tin, levelling the tops. Bake for 18-20 minutes, until set and golden. Cool in the tin for about 10 minutes, then ease out and cool completely on a wire rack.

Suggestion: If you prefer, omit the nuts and add another 40g of mixed seeds.

Pamela Ferguson

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Our National Health Service

IT IS 75 YEARS ago since Parliament passed the National Service Act 1946 which enabled the setting up of the National Health Service. Maybe it's time to reflect on how it all began. The NHS came into operation on 5th July 1948, when Aneurin Bevan was the Minister of Health (1945-1951) and on that day, Bevan attended a ceremony at Park Hospital, Trafford (now Trafford General), at which he symbolically received the keys to the hospital.

Aneurin Bevan was born on 15th November 1897 in Tredegar, Monmouthshire, a working class mining town, where an estimated 90% of the town's inhabitants relied on the local mines for employment. He left school at 13 and worked in the local Ty-Trist Colliery, becoming a trade union activist and head of his local Miners' Lodge at 19 years of age.

1919 saw the foundation of the Tredegar Labour Party and Bevan was selected as one of four Labour delegates to contest the West Ward in the Tredegar Urban District election. Although he was defeated, he gained attention from his peers and he won a scholarship to the Central Labour College in London, sponsored by the South Wales Miners' Federation. And so began his long association with the Labour Party.

The 1945 general election resulted in a landslide victory for the Labour Party and the new Prime Minister, Clement Attlee, appointed Bevan as Minister of Health, with a remit that also covered housing. Thus, the responsibility for instituting a new and comprehensive National Health Service, as well as tackling the country's severe post-war housing shortage, was given to the youngest member of Attlee's cabinet, at the age of 47.

In order to create a National Health Service, Bevan had been inspired by the Tredegar Medical Aid Society in his hometown, where residents would pay a subscription that would fund access for all of the town's inhabitants to have free access to medical services such as nursing or dental care. This system proved so popular that 20,000 people supported the organisation during the 1930s.

In 1947, Bevan stated 'All I am doing is extending to the entire population of Britain, the benefits we had in Tredegar for a generation or more. We are going to Tredegar-ise you.' Government income was increased for the welfare state

expenditure by a large increase in marginal tax rates for wealthy business owners in particular. Thus, the free National Health Service was paid for directly through public money.

Conservative opposition of the NHS scheme feared that the sudden access to free health care would be overrun. In its early stages this proved true, as the service went vastly over budget in its inaugural year, and Attlee was forced to make a radio address to the nation in an attempt to limit the strain on the system. Bevan countered that the initial overspending was down to years of underinvestment in the British medical system prior to the Second World War. (*A case of Deja Vu, perhaps?*) By the start of the 1950s, the early overspending had come to an end.

As the minister responsible for housing, Bevan was faced with substantial bombing damage, with over 700,000 homes needing repair in London alone, and the continued existence of pre-war slums in many parts of the country. This made the task of housing reform particularly challenging for him. Nevertheless, 1946 saw the completion of 55,600 new homes; in 1947 this rose to 139,600 and 227,600 in 1948. The 850,000 homes built in the four years immediately after the war ended was the biggest housing programme ever introduced.

Harold Macmillan, who was Bevan's (indirect) successor, was able to complete some 300,000 new homes as Minister for Housing in the 1950's. These numbers were achieved by lowering the quality standards originally put forward by Bevan, with council houses, featuring gardens, being largely dropped in favour of tower blocks and flats. Also, Macmillan was able to concentrate full-time on the housing crisis, instead of being obliged, like Bevan, to combine his housing portfolio with that for health. In Bevan's case, health took the higher priority.

Bevan died in his sleep, at his home in Chesham, Buckinghamshire, on 6th July 1960 aged 62, having left behind a great legacy from which we benefit today. In a tribute to him, he was labelled by Hugh Gaitskell as 'one of the great men of our day'.

Information obtained from Wikipedia

Rosie Stead

Holy Days: 11th September

St Deiniol of Bangor – bringing disagreeing bishops together

ST DEINIOL was a 6th century monk of Wales who came to be the 'first bishop of Bangor'. And a mighty bishop he was, too: Deiniol founded the two monasteries of Bangor Fawr (on the Menai Straits) and Bangor Iscoed (Clwyd), which, according to Bede, became the most famous monastery of British Christianity and came to number over 2,000 monks. Sadly, they were defeated at the battle of Chester by the pagan Aethelfrith, king of Northumbria. Deiniol is also remembered for his skill in getting disagreeing bishops to come and talk things over at a Synod... surely a skill which his 21st century successors have had to put to great use! He died about 584 AD.

Learning lessons from a graveyard

IF YOU'RE LOOKING for a quiet oasis away from the bustle and busyness of everyday life, there's a place where nature, heritage and the life histories of hundreds of local people are on peaceful display.

Take a walk in your local cemetery.

The chances are it's a place where nature abounds, where socially-distant peace can be found, and you can meditate on the deeper issues of life.

It's true that graveyards seldom feature in most people's favourite places to visit. Many find them morbid, reminding them of their own mortality.

Or they can prompt memories of loved ones no longer with us, and the sadness overcomes the happy memories of the life shared together. Others simply rush past cemeteries or graveyards, without even noticing that they are there.

But walk among the gravestones, read the inscriptions and you find the stories of people's lives.

Samuel Ryder, the Hertfordshire seed merchant who devised the United States v Europe Ryder Cup golf tournament, is buried in the cemetery opposite the church where I minister. When I visited recently, someone had left golf balls on his grave.

In the same cemetery, there are more than 200 plain white graves of local and Commonwealth service people who died during the two world wars, and a memorial to the many local soldiers who died in the First World War.

To wander around any cemetery or graveyard is to enter into the lives of generations of families. To see the grave of the still-born baby close to the child who died in

infancy, both near to the grandmother who died in her nineties. The husband and wife who died within months of each other, are alongside the wife who outlived her spouse by decades.

I'm always struck by how people are described. Most are defined by their family relationships – beloved grandfather, grandmother, father, mother, wife, husband, son or daughter.

Others are described by their roles in life – actress, golf professional or for the war graves, by their ranks. How long, I wonder, had the young men and women been in uniform before meeting their deaths – and being remembered ever after as soldiers? In some cases, it may have been just a few months.

What, I find myself asking, would I like to have written on my gravestone? How would each of us like to be remembered? How can long lives be summed up in the few words you can fit on a gravestone?

And what is it that we are doing in life that will be of lasting value? Cemeteries are places that can make you consider your own life and think about what is important in it.

Many Christian funerals begin with the words of Jesus Christ, 'I am the resurrection and the life. Those who believe in me, even though they die, will live, and everyone who lives and believes in me will never die.'

It is a promise I hold to as I walk the paths around the graves.

*Revd Peter Crumpler,
associate minister at St Paul's Church, Fleetville, St Albans.*

Climate Sunday is this month

SUNDAY 5TH SEPTEMBER is being designated Climate Sunday, ahead of the UN's climate change conference, COP26, in Glasgow during November. How should we approach the challenge of climate change?

We have damaged God's creation: God delights in his creation: 'God saw all that he had made, and it was very good.' (Genesis 1:31). However, we have damaged this world and impacted people, created in his image. The burning of oil or gas and cutting down forests is increasing the concentration of greenhouse gases like carbon dioxide that trap heat in the Earth's atmosphere. The global average temperature could increase by 1.5°C in 2030, resulting in significant damage to our planet. Already, increasing temperatures are melting ice caps, raising sea levels, changing rainfall patterns and creating extreme climate events. It's the 70% of the world's poorest population who are being impacted most!

Hope is found in Jesus: he has an intimate knowledge of the workings of creation. 'For in him all things were created: things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; all things have been created through him and for him. He is before all things, and in him all things hold together.' (Colossians 1:16,17). Our hope for the future lies in what Jesus has done and continues to do in the world. He is the one who sustains creation and will bring everything to completion.

An invitation to respond: Simple everyday actions can help to sustain our planet, including recycling of waste, energy saving and changes in our lifestyle and diet to help the planet. We can fix our eyes on Jesus, as we pray for our world and for our world leaders, gathering in Glasgow, asking that they may reach a good agreement for the future of our world.

Canon Paul Hardingham



ST. GEORGE'S CHURCH, STOCKPORT MUSIC LIST – SEPTEMBER 2021

Sunday 5 th September – The Fourteenth Sunday after Trinity	
10:15am – St. George's Service	
Setting:	A Mass for Worth Abbey – Greening
Hymns:	424 Fill thou my life, O Lord my God, 442 God is love: let heaven adore him; 469 I heard the voice of Jesus say, 430 Forth in thy name, O Lord I go,
Anthem:	Come to me – Hill

Saturday 11 th September		Heritage Open Day	
11:00am – Choral Mattins			
Hymn:	267 Thou whose almighty word	Benedicite:	Benedicite omnia opera – Lloyd
Responses:	Ferial	Jubilate:	Morning Service in B flat – Stanford
Venite:	[Nares]	Psalm:	23 [Stewart]
Anthem:		Anthem:	Blessed be the God and Father – Wesley

Sunday 12 th September – The Fifteenth Sunday after Trinity			
10:15am – St. George's Service		2:30pm – Battle of Britain Memorial Service	
Setting:	Mass of St. Thomas – Thorne	Hymns:	516 Love divine, all loves excelling, 443 God is our strength and refuge
Hymns:	612 We have a gospel to proclaim, 558 Praise to the Lord, the Almighty 582 Take up thy cross, the Saviour said, 591 The kingdom of God is justice and joy,		Almighty Father of the sky... [Tune: Melita] 355 I vow to thee my country 537 O God, our help in ages past,
Anthem:	Lead me, Lord – Wesley	Anthem:	Prayer for peace – Rizza

Saturday 18 th September	
1:30pm – Memorial Service with Holy Communion	
Setting:	Communion Service in F – Darke
Hymns:	See Order of Service for details
Anthem:	O thou the central orb – Wood

Sunday 19 th September – The Sixteenth Sunday after Trinity			
10:15am – St. George's Service		4:00pm – Memorial Evensong	
Setting:	A Mass for Worth Abbey – Greening	Introit:	Cantate Domino – Pitoni
Hymns:	6 New every morning is the love 468 I danced in the morning... 109 It is a thing most wonderful, 628 Ye that know the Lord is gracious,	Hymns:	Lord Christ who on thy cross didst bear 267 Thou whose almighty word 127 When I survey the wondrous cross
Anthem:	We come in faith to meet our Lord – Vann	Responses:	Ferial Psalm: 98
Anthem:	View me, Lord – Lloyd	Canticles:	Magnificat & Deus Misereatur to Anglican Chant
		Anthem:	Grant us thy peace – Mendelssohn

Sunday 26 th September – The Seventeenth Sunday after Trinity			
10:15am – St. George's Service		4:00pm – Choral Evensong	
Setting:	Mass of St. Thomas – Thorne	Hymns:	598 There's a wideness in God's mercy 108 Glory be to Jesus, 10 Abide with me; fast falls the eventide;
Hymns:	2 Christ, whose glory fills the skies, 416 Father, hear the prayer we offer: 385 Be thou my guardian and my guide, 500 'Lift up your hearts!'	Responses:	Ayleward Psalm: 122 [Stanford]
Anthem:	Do not be afraid – Stopford	Canticles:	Evening Service in D minor – Walmisley
		Anthem:	Thy perfect love – Rutter

Recipe of the month 2: Florentines

These are not what I normally think of as Florentines but are delicious and a lovely addition to a light pudding in the summer. They can be made in moments and are a good standby for unexpected visitors – provided you have the ingredients to hand!

Vegetable oil for brushing

2 egg whites

100 g icing sugar

260 g flaked almonds

Grated zest of 1 orange

Preheat the oven to 300°F / 150°C. Line a heavy baking sheet with parchment paper and brush lightly with vegetable oil. Next to you have a small bowl of cold water.

Put the egg whites, icing sugar, flaked almonds, and orange zest in a bowl and gently mix them together. Dip your hand in the bowl of water and pick up portions of the mix to make little mounds on the lined pan, spaced well apart. Dip a fork in the water and flatten each mound very thinly. Try to make them as thin as possible without creating too many gaps between the almond slices. They should be about 3¼ inches / 8 cm in diameter.

Bake for about 12 minutes, until the cookies are golden brown. Check underneath one cookie to make sure they are cooked through.

Allow to cool, then gently remove the cookies from the baking sheet. They keep well in a sealed jar but if they go a little soft they can easily be crisped up again by putting in a moderate oven for a short time.

Pamela Ferguson

Services at St George's in September

Services in church, with congregation:

Sundays: 8am Holy Communion (BCP)
10.15am Parish Communion (also live streamed)

Wednesdays: 9.30am Morning Prayer (also live streamed)
10am Holy Communion (BCP)

Services which are live streamed only:

Mondays to Fridays: 9.30am Morning Prayer (also in church on Wednesdays)

The church will also be open for individual private prayer in the chapel on Wednesdays and Sundays from 11am to 12 noon

Sunday 26th September: 4pm Choral Evensong (also live streamed)

Puzzle solutions

Easy Sudoku solution:

5	1	3	2	7	4	6	9	8
7	4	6	9	5	8	3	2	1
9	8	2	1	6	3	7	5	4
3	5	1	7	4	9	2	8	6
6	7	4	8	2	1	5	3	9
8	2	9	5	3	6	4	1	7
1	3	5	6	8	7	9	4	2
2	9	7	4	1	5	8	6	3
4	6	8	3	9	2	1	7	5

Intermediate Sudoku solution:

8	9	7	2	6	5	4	1	3
1	6	5	4	8	3	9	2	7
4	3	2	1	9	7	6	8	5
7	8	1	5	2	6	3	9	4
9	2	3	8	7	4	5	6	1
6	5	4	3	1	9	8	7	2
3	1	9	6	5	2	7	4	8
5	7	8	9	4	1	2	3	6
2	4	6	7	3	8	1	5	9

Crossword solution:

A	C	C	E	S	S	B	L	I	N	D	S	
D		R		I		A		Y		A		
R	H	Y	M	E		L	O	Y	A	L	T	Y
I		S		G		A		B		O		I
A	N	T	W	E	R	P		A	E	N	O	N
N		A				P		R				G
			L	O	F	T	I	N	E	S	S	
A				U		D			P		T	
S	A	T	A	N		O	B	A	D	I	A	H
H		E		E		T		I		T		O
O	N	E	A	R	T	H		S	T	O	R	M
R		T		A			L		U		A	
E	X	H	A	L	E		D	E	P	T	H	S

Those who hope in the Lord
will renew their strength.
They will soar on wings
like eagles;

they will run and
not grow
weary,

they will walk and
not be faint.



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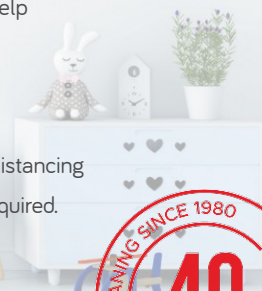
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